DR. PARK ACUPUNCTURE

Safe and Effective Health Care

Welcome to Acupuncture, Dr. Park who is an Acupuncture in Columbia MD as well as an Acupuncture in Ellicott City !

If you have been suffering from a health problem whether it is chronic pain, fibromyalgia, allergies, or the myriad of other diseases, you are not alone. Modern medicine has made it possible for Americans to live longer and decrease mortality rates, but the quality of health has not improved for many people.

At Dr. Park Acupuncture we not only treat the symptoms, but also work with you to identify and treat the root cause of the symptoms.
Our belief is that when performed properly, Acupuncture and Chinese Medicine can stimulate the body's natural healing mechanism to help you achieve your goal.I look forward to helping your journey to optimum health.

Acupuncture is an effective form of medical treatment that has evolved into a complete holistic health care system. Practitioners of acupuncture and Chinese medicine have used this noninvasive treatment method to help millions of people become well and stay well.

Acupuncture promotes natural healing. It can enhance recuperative power and immunity, support physical and emotional health, and improve overall function and well-being. It is a safe, painless and effective way to treat a wide variety of medical problems.

At the core of this ancient medicine is the philosophy that Qi (pronounced "chee"), or vital energy, flows throughout the body. Qi animates the body and protects it from illness, pain and disease. A person's health is influenced by the quality, quantity and balance of Qi.

Qi flows through specific pathways called meridians. There are fourteen main meridians inside the body. The diagram to the left shows the meridian pathways in the body. Each of these is connected to specific organs and glands.Meridian pathways are like rivers flowing inside the body. Where a river flows, it transports life-giving water that provides nourishment to the land, plants and people.

To Know More :- http://www.drparkacu.com